



COACHES CODE of CONDUCT

Purpose of Role

Coaches serve a number of important roles: teacher, role model, mentor, guardian and trainer. Good coaches are always looking to provide young footballers with the mental and physical tools that will equip them to learn technically, to win, and to uphold the spirit of sportsmanship. To help ensure the quality of coaches, St Johnstone FC has formulated a Code of Conduct for coaches to follow:

Duties and Responsibilities:

- Treat each youth player as an individual and help him to reach full potential.
- Promote fair play and show respect for other teams. Accept both the guidelines and the spirit of the rules that define and govern Club Academy Scotland Youth Football.
- Keep up with the latest coaching techniques, qualifications and seek continual improvement.
- Provide a safe environment. Check that the equipment and facilities are safe.
- Ensure training and competitions are suitable for the age and fitness level of the young players.
- Instruct young players about the benefit of sport and encourage them to participate in sport throughout their lives.
- Do not over train young players. Maintain the player's interest and promote their enthusiasm towards football.
- Always lead by example and do not use foul language.
- Avoid any form of harassment towards young players. This includes harassment on sex, race or disability; note this list is not exhaustive.



St Johnstone Football Club Ltd

| St Johnstone Football Club | Staff Member |
|-----------------------------------|---------------------|
| Name: Alistair Stevenson | Name: |
| Signature: | Signature: |
| Date: | Date: |

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